

Stifford Clays – Rainham

London Country 375, 376

via Grays, West Thurrock, then Aveley (375) or Uplands Estate (376)

Mondays to Fridays

Service:	0636	0654	0714	0734	0749	0803	0814	0824	0839	0854	0919	376	376	376	376	376	376	
Grays Turps Corner	0643	0706	0722	0742	0757	0812	0822	0832	0847	0902	0927	49	19	1419	1449	1519	1549	1609	1625	1643	1654	1709	1724	
Grays Bus Station →	0512	0648	0708	0728	0748	0803	0818	0828	0838	0853	0908	0938A	Then	57	27	1427	1457	1527	1557	1617	1633	1652	1702	1717	1732
West Thurrock Ship	0517	0714	0809	0844	0914	0944	08A	38A	1438A	1508A	1538A	1608A	1638A	1639	1658	1708	1728A	1738	
Stonehouse Corner	0522	0720	0815	0850	0920	0950	these	20	50	N	1450	1520	1550	1620	1640	1720	1740	
Uplands Estate Watts Crescent	minutes	↑	54	U	1444	1514	1544	1614	1634	1714	1734	
Aveley Ship	0527	0726	0821	0856	0926	past	↑	54	T	1454	1726	1746	
Aveley Usk Road →	0531	each	↓	26	I	1526	1556	1626	1646	1726	1746	
Aveley Tunnel Garage	0730	0825	0900	0930	0958	hour	↓	30	58	L	1531	1631	1731	1750
Wennington Bennard Arms	0734	0829	0904	0934	1002	34	02	1502	1604	1650	1754	1754	
Rainham Phoenix →	0740	0835	0910	0940	1008	40	08	1508	1610	1700	1800	1800	

Mon. to Fri cont.

Saturdays

Stifford Clays Whitmore Avenue	1739	1754	1809	1829	1844	...	1912	2004	2104	2204	2304	376	376	376	376	376			
Grays Turps Corner	1747	1802	1817	1837	1852	...	1919	2011	2111	2211	2311	...	0711	0741	0801	0831	0850	0919	0949
Grays Bus Station —	1753	1808	1823	1843	1858	1916	1923	2016	2116	2216	2316	...	0718	0748	0808	0838	0857	0927	0957
West Thurrock Ship	1814	1921	...	2021	2121	2221	2321	...	0643	0723	0753	0813	0843	0890	0938A	1008A	
Stonehouse Corner	1820	1926	...	2026	2126	2226	2326	...	0648	0728	...	0818	0848	0914	0944	1014	
Uplands Estate Watts Crescent	1826	1931	...	2031	2131	2331	...	0653	0733	...	0823	0853	0920	0950	1020		
Aveley Ship	1826	1931	...	2031	2131	2331	...	0657	0857	...	0954	...	1054		
Aveley Usk Road	1831	1935	...	2035	2135	2335	...	0738	...	0828	...	0926	...	1026	...		
Aveley Tunnel Garage	0701	0741	...	0831	0901	0930	0958	1030	...	
Wennington Lennard Arms	0705	0745	...	0835	0906	0935	1003	1035	...	
Rainham Phoenix —	0710	0750	...	0840	0911	0940	1008	1040	...	

CODES: A – Arrives 5 minutes earlier. R – Adjoining or near Railway Station.

Rainham – Stifford Clays

via Aveley (375) or Uplands Estate (376), West Thurrock and Grays

London Country 375, 376

Mondays to Fridays

Service:	376	376	376	376
Rainham Phoenix ↗	0645	0748	0853	0923
Wennington Lennard Arms	B	0754	0859	0929
Aveley Tunnel Garage	0654	0758	0903	0933
Aveley Usk Road	0536	0732	0832	0937
Aveley Ship	0540	0657	0802	0837
Uplands Estate Watts Crescent	↓	0737	0907	0937
Stonehouse Corner	0545	0703	0743	0808
West Thurrock Ship	0550	0709	0749	0814
Grays Bus Station (Stop No. 9) ↗	0555 0620 0638 0655+0715	0730 0740 0755 0805	0820 0835+0900A0930A1000A	
Grays Orsett Road	0622 0640 0657 0717	0732 0742 0757 0807	0822 0837 0902 0932	1002
Grays Turps Corner	0626 0644 0702 0722	0737 0748 0802 0812	0827 0842 0907 0937	1007
Long Lane Blackshots Hospital	0630 0648 0707 0727	0742 0754 0807 0817	0832 0847 0912 0942	1012
Stifford Clays Whitmore Avenue	0633 0651 0711 0731	0746 0800 0811 0821	0836 0851 0916 0946	1016

Mon. to Fri. cont.

Service:	376	376	376	376
Rainham Phoenix ↗	1718	1823	1935	2035
Wennington Lennard Arms	1724	1829	1939	2039
Aveley Tunnel Garage	1728	1833	1944	2044
Aveley Usk Road	↓	↓	↓	↓
Aveley Ship	1732	1837	1949	2049
Uplands Estate Watts Crescent	↓	↓	↓	↓
Stonehouse Corner	1738	1843	1944	2144
West Thurrock Ship	1744	1849	1949	2149
Grays Bus Station (Stop No. 9) ↗	1720 1735 1750 1810	1825 1855 1948 1954	2048 2054 2148 2154	2248 2254
Grays Orsett Road	1722 1737 1752 1812	1827 1857 1950	2050	2150
Grays Turps Corner	1727 1742 1757 1817	1832 1902 1954	2054	2154
Long Lane Blackshots Hospital	1732 1747 1802 1822	1837 1906 1958	2058	2158
Stifford Clays Whitmore Avenue	1736 1751 1806 1826	1841 1909 2001	2101	2201

Saturdays

Service:	376	376	376	376
Rainham Phoenix ↗	0718	0802	0827	0853
Wennington Lennard Arms	0723	0807	0832	0858
Aveley Tunnel Garage	0725	0811	0836	0903
Aveley Usk Road	↓	↓	↓	↓
Aveley Ship	0730	0814	0907	0907
Uplands Estate Watts Crescent	↓	↓	↓	↓
Stonehouse Corner	0735	0819	0845	0913
West Thurrock Ship	0740	0824	0850	0919
Grays Bus Station (Stop No. 9) ↗	0655 0725 0745 0815	0834A0900A0930A		
Grays Orsett Road	0657 0727 0747 0817	0821 0836	0902 0932	
Grays Turps Corner	0701 0731 0751 0821	0840	0907 0937	
Long Lane Blackshots Hospital	0705 0735 0755 0825	0844	0912 0942	
Stifford Clays Whitmore Avenue	0708 0738 0758 0828	0847	0916 0946	

Service:	376	376	376	376
Rainham Phoenix ↗	1523 1558 1620 1651	1720 1751	1821 1852	1935
Wennington Lennard Arms	1528 1603 1625 1656	1725 1756	1826 1857	1939
Aveley Tunnel Garage	1533 1607 1629 1700	1729 1800	1830 1901	1944
Aveley Usk Road	↓	↓	↓	↓
Aveley Ship	U	1610	1703	1803
Uplands Estate Watts Crescent	N	1537	1633	1733
Stonehouse Corner	T	1543	1615	1638
West Thurrock Ship	I	1549	1620	1643
Grays Bus Station (Stop No. 9) ↗	L	1600A1630A1648	1718 1748 1818 1848	1849 1919
Grays Orsett Road		1602 1632 1650	1720 1750	1820 1850
Grays Turps Corner		1606 1636	1654 1724	1754 1824
Long Lane Blackshots Hospital		1610 1640	1658 1728	1758 1828
Stifford Clays Whitmore Avenue		1613 1643	1701 1731	1801 1831

CODES: A – Arrives 5 minutes earlier.

B – Via Sandy Lane.

† – Time at Stop No. 1.

↗ – Adjoining or near Railway Station.

Aveley – Grays – Stifford Clays

via West Thurrock

London Country 375

Sundays and Public Holidays

CODE: **★** - Adjoining or near Railway Station.

Stifford Clays – Aveley

via Grays and West Thurrock

London Country 375

Sundays and Public Holidays

Stifford Clays Whitmore Avenue	1033	1233	1433	1633	1833	2033	2233
Grays Turps Corner	1040	1240	1440	1640	1840	2040	2240
Grays Bus Station	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	1945	2045	2145	2245
West Thurrock Ship	0950	1050	1150	1250	1350	1450	1550	1650	1750	1850	1950	2050	2150	2250
Stonehouse Corner	0955	1055	1155	1255	1355	1455	1555	1655	1755	1855	1955	2055	2155	2255
Aveley Ship	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200
Aveley Usk Road	1004	1104	1204	1304	1404	1504	1604	1704	1804	1904	2004	2104	2204

CODE:  - Adjoining or near Railway Station.